



## DOUNESIDE HEALTH CLUB

ROYAL DEESIDE

The Douneside Health Club, at Tarland, near Aboyne offers a range of excellent facilities. These include a 12.5 metre swimming pool, sauna and steam room, state-of-the-art gymnasium, games room and all weather tennis court. In addition, there is an extensive range of fitness classes, all run by our team of fully qualified personal instructors.



For details of the different membership options available please contact  
[healthclub@dounesidehouse.co.uk](mailto:healthclub@dounesidehouse.co.uk) or call us on 013398 81030

[www.dounesidehouse.co.uk](http://www.dounesidehouse.co.uk)

## Business In Focus: Douneside House

### Modern health club's origins are steeped in history

Sir Alexander MacRobert purchased the Burnside Estate (now known as Douneside House) just outside the village of Tarland, near Aboyne, as a holiday home for his family in 1888.

During the early 1900s, the MacRobert family added extra rooms and a tower, transforming the property into the spectacular country house and gardens which are to be admired today.

**Douneside House** is owned and run by the MacRobert Trust in memory of Lady MacRobert, who wished for the house to remain a place of tranquillity and peace.

The MacRobert family were well known locally as significant philanthropists, which is why, following her three sons' tragic deaths in accidents relating to aviation and WW2, Lady MacRobert decided to set up a charitable trust in their honour in 1943.

All surplus profits generated at Douneside are either re-invested into the estate, or donated to charitable causes. Every year the Trust donates almost £1m to charitable organisations and it has supported many organisations and initiatives in the local area.

Lady MacRobert also wished for Douneside House to be used as a holiday home for members of the British Armed Services and this valued tradition is continued with special discounted rates available for serving or retired members of the armed forces throughout the year.



**Douneside Health Club** is located within the grounds of Douneside House.

There are various Health Club membership options available – from monthly pay-as-you-go to a full platinum membership – which includes access to all Health Club's facilities and fitness classes. In addition, platinum members can enjoy various benefits at Douneside House, including an overnight stay and discounted dining at their fantastic restaurant which offers the region's only 3 AA Rosette dining experience. Douneside's menu features culinary delights using the finest local ingredients, including fresh produce grown organically in their kitchen garden. You can even join their exclusive Dining Club.

More info: [www.dounesidehouse.co.uk](http://www.dounesidehouse.co.uk) · [www.themacroberttrust.org.uk](http://www.themacroberttrust.org.uk)